



University : Mohammad Ali Jinnah University
Country : Pakistan
Web Address : www.jinnah.edu.pk

[1] Setting and Infrastructure (SI)

[1.21] Physical and Mental Health Care infrastructure facilities for students, academics and administrative staffs' wellbeing (SI.9)



Mohammad Ali Jinnah University - Medical Clinic & Wellness Centre

Description:

Mohammad Ali Jinnah University (MAJU) is committed to safeguarding the health and well-being of its entire academic community—students, faculty, and staff—in line with its support for Sustainable Development Goal 3 (Good Health and Well-being).

The MAJU Medical Room

MAJU operates a dedicated Medical Room on campus that serves as the primary health facility for immediate assistance and minor medical needs.

1. **Comprehensive First Aid Services:** The Medical Room is staffed by qualified personnel to provide immediate **first aid** and manage minor injuries or common illnesses that occur on campus. This ensures prompt attention and stabilization before a referral might be necessary.
2. **Basic Diagnostic and Treatment Capacity:** The facility is equipped with essential medical supplies, necessary over-the-counter medications, and basic diagnostic equipment (such as a blood pressure monitor and thermometer) to provide preliminary care.
3. **Referral System:** For cases requiring specialized attention, the medical staff maintains a protocol for referring individuals to nearby hospitals or clinics, ensuring a smooth transition for more comprehensive medical treatment.
4. **Health Awareness:** The Medical Room is also involved in promoting health awareness programs, including general health and hygiene information, and supporting campus-wide wellness initiatives.



5. **Mental Health Support:** MAJU provides mental health support through counseling services, including stress management, psychological support, and academic counseling. Regular workshops and awareness sessions are conducted to promote emotional wellbeing and resilience.
6. **Accessibility:** The Medical Room is strategically located and designed to be easily accessible to all members of the campus community, reinforcing MAJU's commitment to **inclusive facilities** (as mentioned in the Canvas document) and universal access to basic services.

This on-campus health facility acts as a vital resource, providing a safety net and supporting a healthy learning and working environment for everyone at the university.

[1.22] Access to sexual and reproductive health-care services including information and education services

MAJU promotes health and wellbeing through awareness sessions, counseling services, and educational initiatives that include guidance on personal hygiene, preventive healthcare, and general wellbeing. Where specialized sexual and reproductive healthcare services are required, students and staff are referred to qualified external healthcare providers, ensuring access to appropriate professional care.

[1.2] Provision of healthy and affordable food choices for all on campus



Mohammad Ali Jinnah University – Cafeteria

Mohammad Ali Jinnah University (MAJU) provides on-campus cafeteria facilities offering affordable, hygienic, and nutritionally balanced food options. Food vendors operate under institutional oversight to ensure compliance with health and safety standards, supporting the physical wellbeing of students, faculty, and staff.